

# Winter

In addition to the items needed for a Weekend Campout these items should either be substituted or included

## **Wear**

Clothes appropriate for the weather (remember, layering is key to warmth and comfort, go to the link "[Cold Weather Camping](#)" for more information)

Boots (**absolutely no tennis shoes or other low top type shoe**)

Sock hat

Gloves

Socks (enough pair of socks on so that feet will be warm, at least one pair should be wool)

## **Backpack**

Extra Blanket if wanted (will add an additional 10 to 15 degrees to the rating of your sleeping bag)

Hot water bottle to warm sleeping bag (optional)

Two pair extra socks

Extra pair of gloves

Polypropylene or insulated under garments

Insulated Coffee type cup or mug (this will keep liquids warmer longer)

\*\*Sweat shirt and pants

\*\*T-shirt

\*\*Socks

\*\*Ski Cap

*\*\*These clothes are to be worn only when sleeping - do not use day clothes for sleeping*